

To: Parents of Coon Rapids High School Boys Hockey Players

Subject: Pasta Dinners and Pancake Breakfasts

Thank you for volunteering to assist with a pasta dinner or pancake breakfast. Detailed below are some tips for making the meal a success along with the responsibilities of the host family and those who have signed up to support them.

Pasta dinners are held immediately following practice on Friday evenings. The single breakfast for this year will be held on Monday, January 16th after practice.

The host is responsible for:

- determining the menu and what items they will provide,
- determining what items the families who are helping will provide,
- communicating with the supporting families what they should bring or the financial support needed for the meal,
- determining what assistance they need the day of the meal, and
- communicating with the players, coaches, team managers and cheerleaders the time of the meal and directions/map to their home.
- Passing along the accessories bin to either the next Host or Becky Smith after your host duties are complete.

(Scott can help with any communications and contacts for the other families who are to support the Host)

The family who is assisting the host is responsible to:

- bring requested item or provide financial support for the meal and
- assist the host with preparation or clean-up based on the host's request.

Suggested meal menus and quantities:

Pasta Dinner:

9 jars of pasta sauce
9 lbs. pasta
9 lbs. meatballs
2 large bags of lettuce with Caesar dressing
5 loaves garlic/cheese bread
3 gallons chocolate milk
1 gallon white milk
Water
Dessert

Pancake Breakfast:

½ large bag Krusteaz Mix
Syrup
6 dozen slices bacon or sausage
4 dozen eggs
3 gallons chocolate milk
1 gallon white milk
2 gallons orange juice
Water

These are only ideas. Feel free to be creative as the guys like variety. If you feel that the recommended amounts need to change based on your experience, please contact Becky so that she can communicate the information to future hosts.